Laboratory Safety

Please follow these guidelines to reduce the spread of COVID-19.

Plan ahead

Plan your space
- Designate specific doors for entry and exit, if possible
- Do not prop doors open
- Create a staggered work rotation schedule by shift or alternate days
- Do not work alone!
- Use tape to mark distance requirements
- Move or label chairs & desks to control spacing
- Where possible, supply individual goggles, face shields, safety glasses, and other PPE for each lab member

Plan your work
- Work outside of lab when possible
- Conduct meetings by phone, Zoom or Teams
- Do data analysis outside of lab

Maintain Distance
- Stay at least 6 feet apart
- Do not gather in groups
- Follow department and lab guidelines
- Stay home if you are sick

Disinfect!

Disinfect anything you touch — before and after use.
- Microscopes, doorknobs, work surfaces, phones, keyboards, etc.
- Energized research equipment: Follow manufacturer guidelines and avoid spraying cleaner directly on equipment

Wear a mask unless covered by other PPE
- Avoid touching your face and mask
- Wash hands before and after removing or replacing mask
- Place mask in clean area when not in use
- Around hazardous materials: Use a disposable mask and dispose of it before you leave the lab

Wash Hands Frequently
- Use soap and water or alcohol-based sanitizer
- Minimum of 20 seconds